# Dr Ambedkar College, Deekshabhoomi, Nagpur UNNATI Programme

Weekly Report: week 2

(7 December 2020 – 11 December 2020)

#### **SUMMARY REPORT**

SESSION	DATE SPEAKER		TOPIC	HOST BY	
7	07-12-202 0	JC SUCHETA DHOOT	IMAGE BUILDING	Dr. P S Bhongade	
8	08-12-202 0	KAVITA SARAF	CREATIVITY	Shefali Chauksey	
9	10-12-202 0	DR. HARIOM PUNIYANI	Convincing and negotiation skills.	Dr. Utpal Dongre	
10	11-12-2020	DR. CHARU BAHETI	TEAM BUILDING	Rohini Meshram	

## **SESSION NO. 7**

Date: 7<sup>th</sup> December 2020

Time: 9:00 am

**Topic of session: Image Building** 

Name of the Speaker :JcSuchetaDhoot

Name of the host :Dr. P S Bhongade

### **Brief introduction of speaker:**

JC Sucheta Dhoot is associated with JCI NAGPUR SHAKTI, ZONE IX and Insurance Institute of India. She is parenting, soft skill, personality Development & Insurance Trainer NLP Practitioner. She has 13 years of corporate experience and proven track record for success. She is certified National Trainer from Junior Chamber International, India. She is certified Neuro Linguistic Programming (NLP) Practitioner by American Board (ABNLP).

#### **About Session:**

JC SuchetaDhoot spoke about image building by giving various examples. She explained very well about how to improve yourself? She also spoke about AVTAAR i.e. QUALITIES + ABILITIES + WEAKNESSES. More than 38 students have attended the session and session was excellent.



What is Avtaar?























## **SESSION NO. 8**

Date and Time: - 8th December 2020, 9AM

Topic: -Creativity.

The session was about how creativity can transform one persons mental, social and spiritual space. How students can enter the creative process and benefit from it in their day to day lives as well as to achieve life goals.

## Speaker: Mrs. KavitaSaraf

KavitaSaraf is a life coach, Psychotherapist, arts therapist & soft skill trainer She has keen interest in understanding human behavior, human mind and life. She take personalize as well as group coaching sessions for Psychological awareness, Spiritual awareness, Relationship awareness and life style awareness. She teaches and conducts various workshops too.

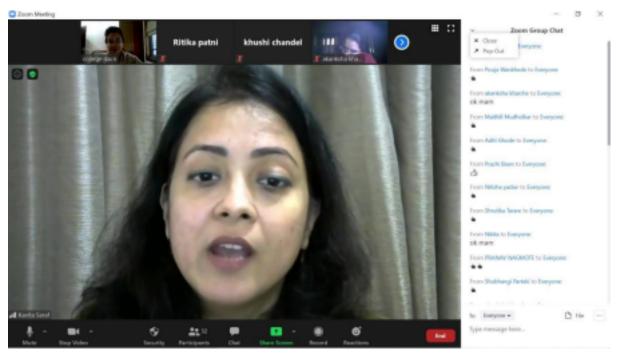
She is a PAN India registered trainer with ICAI, OTA and visits various schools and colleges for teaching, mentoring and training

Her creative journey started when she came to Nagpur from Ahmedabad and started Gondwana Gallery for promoting art and culture and now has lot of lifestyles exhibition to promote women to become self reliant and empowered

Host: - Ms. Shefali S.Chouksey

Students attendance: -33

**Screenshots:** 



# **SESSION NO. 9**

Date of the programme: 10/12/2020

Day of the programme: Thursday

## Topic of the programme: Convincing and negotiation skills. Name of

the Speaker: Dr HariomPunyani

**Brief introduction :** One of the most powerful Motivational Speakers in Central India with a desire to help people in discovering their strengths. Conducted more than 600 powerpacked and result-oriented Seminars & Workshops across India benefitting more than 42,000 people. He has A PhD in Finance, holds two Master's Degrees in Commerce & Economics and a Professional Degree in Management.

Name of the host: Dr UtpalDongre

Student attendance: Total 39 students were present in the lecture Glimpses of

the programme:





Feedback of the programme:

Timest amp	Usern ame	Na me of the stud en t	Semes ter (In Rom an lette rs only)	Su b j ect Gr ou p	Date of the lect ur e atten ded	Day of the lect ur e atten ded	How did you find the content of the lecture	How you will rate this lecture on the scale of	Any suggestion?
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## **SESSION NO. 10**

Date: 11 December, 2020

Time: 9 am

**Topic : Team Building** 

Speaker: Dr.CharuBhaheti

Dr.CharuBhaheti is renowned Gynaecologist in central India with 15 years' experience. She is Director of SureLife Hospital and Test tube baby centre, Sitabuldi, Nagpur.

**Host Name:**Ms.RohiniMeshram

Attendance: 40 students attended

Photos:

